



2025 Contribution Limits

for Retirement Plans

	2025	2024
Maximum Contributions (401k/403b/457)	\$23,500	\$23,000
Maximum Catch-Up – Age 50+ (401k/403b/457)	\$7,500	\$7,500
Super Catch-Up – Age 60-63	\$11,250	n/a
Defined Contribution Limit	\$70,000	\$69,000
IRA Contribution Limit	\$7,000	\$7,000
IRA Catch-Up – Age 50+	\$1,000	\$1,000
Compensation	\$350,000	\$345,000
Taxable Wage Base	\$176,100	\$168,600
Highly Compensated Employee (HCE)	\$160,000	\$155,000
Key Employee/Officer	\$230,000	\$220,000
SIMPLE	\$16,500	\$16,000
SIMPLE Catch-Up – Age 50+	\$3,500	\$3,500
Health Savings Account (HSA) – Individual	\$4,300	\$4,150
Health Savings Account (HSA) – Family	\$8,550	\$8,300
HSA Catch-Up – Age 55+	\$1,000	\$1,000